MEALS ON WHEELS - SANTA MARIA VALLEY

April 29, 2016

Adriana de Bruin
Business Manager, County Executive Office
105 E. Anapamu Street Room 406
Santa Barbara, CA 93101

Dear Ms. le Bruin:

Incorporated as a nonprofit in 1972, Meals on Wheels - Santa Maria Valley has provided well balanced meals to the elderly, low-income and homebound persons, including those with special dietary needs, throughout Santa Maria Valley for over 44 years. Currently, we serve over 150 clients a year, and deliver more than 17,500 meals a year. Our work is only made possible by our dedicated team of 60 volunteers, who pick up the meals at the Marian Extended Care kitchen and deliver these meals to the elderly, homebound, and disabled in our community. We believe that nutritious meals are necessary for a healthful quality of life.

We are grateful for the opportunity to request additional funding for our meal service which benefits the elderly, disabled, and homebound persons living in the Santa Maria Valley. If granted this additional funding will allow us to create an additional route in the north section of town to eliminate a waiting list for people in need of home delivered meals.

In 2015, we reorganized and hired a payroll specialist, purchased Quickbooks and were able to save over $9,000 a year. This allowed us to deliver meals to 10% more of our clientele than previously was allowed. Every delivery day we serve over 70 clients and 14 of these clients receive meals at no charge. We are the only food delivery service that offers dietary specific meals for clients in need of a diabetic, renal, pureed, or no salt or low fat entrees. Our service is unduplicated.

We look forward to hearing from you and ask that if you have any questions, please don't hesitate to call our office at (805) 938-1200.

Respectfully submitted,

COLLEEN SINCLAIR

Colleen Sinclair
Executive Director
Meals on Wheels - SMV

PO Box 6526 Santa Maria, CA. 93456 805-938-1200 mealsonwheelssmv@gmail.com
www.mealsonwheelssmv.org

County of Santa Barbara

FY 2016-17 Outside Agency Funding Request Form

Deadline for Submission: Monday, May 2, 2016, 5:00 p.m.

The Board of Supervisors *may* consider funding requests from outside agencies during the **FY 2016-17** budget hearings in June 2016, if funding is available. An allocation of funding to outside agencies is not guaranteed.

Please submit the following by **5:00 p.m., Monday, May 2, 2016, NO EXCEPTIONS, via Email or Hardy Copy (postmarks will not be accepted)**:

1. Provide a cover letter explaining your request; and
2. Fill out this application (no more than 2 pages); and
3. Attach the Line Item Budget spreadsheet (no more than 2 pages) for the agency's program request

Hearings are scheduled for June 13, 15, and 17, with Outside Agency Requests considered on one of these days (yet to be determined). The **requesting agency must be represented and present**; please plan accordingly.

Total Request: $15,000
Name of Organization: Santa Maria Valley FISH
Title of Program: Meals on Wheels – Santa Maria Valley New or ongoing program? Ongoing
Location(s) of services delivered: Santa Maria & Orcutt
Name of Agency Executive Director: Colleen Sinclair
Phone #: 805-928-1200 Email: mealsonwheelssmv@gmail.com Website: mealsonwheelssmv.org (in progress)

1. Briefly summarize the purpose of the program, why the funds are needed, and the benefit to the community: We provide over 17,500 healthy, well-balanced, home delivered meals to the elderly, low-income homebound persons, including those with medically specific dietary needs, each year. We are currently developing a new route (#3) in the north area of town (north of Main Street) due to an extensive waiting list, however we continue to serve those with special dietary needs upon request. MOW has been recruiting new drivers in order to fulfil the great ongoing need in the north area of town. We are closer to our goal every week and plan to have a Volunteer Luncheon asking our current driver's to bring a guest in the hopes of recruiting the new volunteers to fill this challenging area. In April we collaborated with RSVP, Retired Senior Volunteer Program for help with recruitment and we are closer to our goal, and are confident that by August 2016 we will have the new route ready to "roll".

2. Briefly summarize the service to be provided and how many people will be served: Medically specific dietary meals, prepared by the Marian Extended Care kitchen will be available upon request, as well as regular diet meals needed by those who are elderly, low-income and homebound, unable to shop or prepare meals. We expect to serve over 150 persons a year and deliver over 17,500 meals annually. Meals are delivered by our volunteer driver pool. Our volunteers also serve as "informal welfare" visitors, and contact the office if they notice any physical or emotional decline in our client's health and wellbeing. Many times the only social encounter many of our clients' receive is when their meals are delivered by our caring volunteers. There have been several situations though the years of our volunteers helping a client in great need of medical attention. We receive calls and notes of appreciation from family members sharing that they are grateful to have a second set of eyes on their love ones, as many more seniors are deciding to age in place at home.

3. Detail the timeline for providing the service: We operate 5 days a week, 52 weeks a year, including holidays. Meals are picked up at the Marian Extended Care kitchen and delivered to our client's door between the hours of 11:30 and 1:30, on Monday, Tuesday, Wednesday, Friday and Saturdays'. We are available on a long term basis or many times we step in to help when our elderly clients have left the hospital or assisted living facility. Once a client is again able to shop and cook for themselves, they leave the program. Many come and go several times as needed. Statistically we only count them once.

4. Describe key outcomes to be achieved with the funding and how they will be measured: Funding received will go directly to subsidize meals in the City of Santa Maria and unincorporated Orcutt. Currently 14 meals a day (20%) are being delivered to our clients at no charge, those with an income level <1000K. Over half of these clients are diabetic and homebound and would be unable to receive a medically specific meal without being 100% subsidized. Meals cost us $5.30 each however, most clients pay $3.00 a day. The average monthly cost for our clients paying $3.00 is $66.00. We currently have two clients that are 100 years old that have been with us for several years. Healthy meals reduce doctor and hospital visits and delay the need for assisted living facilities, allowing families to stay together, and age in place together. Additional funding would allow us to grow and introduce a new route in the northern part of the county, and reduce the need for our current waitlist.

5. Describe if this is a one-time or ongoing request, and if funded in prior years and amounts: This is an ongoing request in the hope that there is additional funding that would allow us to combat hunger and food insecurity in our most vulnerable members of our community, the elderly, disabled and homebound persons in need of a meal and a visit from our wonderful volunteer drivers'. 2012-15; $8800, 2009-2012; $8254, 2009-2012: $8000, 2006-2009; $8000, 2003-2006; $8000, 2000; $5000, 1999; $2000.

6. Describe the agency's expertise and capacity to deliver services including fiscal stability: Next month we will celebrate 45 years of serving the Santa Maria Valley community. Originally incorporated as Santa Maria Valley FISH (Feeding Indigent Senior Health), we continue to remain fiscally stable, due to a small endowment account that is our safety net. However, it continues to be a struggle finding funding from private foundations, with the exception of the Hildegard Balin Foundation, which has remained steadfast in their support.

Agency staff responsible for application: Colleen Sinclair, MOW Director 805-938-1200

County Staff Comments Only:

Address submittals to:
Adriana de Bruin
Business Manager, County Executive Office
105 E. Anapamu Street, Room 406 Santa
Barbara, CA 93101

Requests can be emailed to: ***outsideagency@countyofsb.org***

Questions: Please contact Adriana de Bruin, Business Manager, County Executive Office, at 568-3400.

FY 2016-17 Line Item Budget
For Program

Santa Maria Valley FISH
Meals on Wheels - Santa Maria Valley
Amount Requested: $15,000

Program Budget	**FY 2016-17**	
Funding Sources/Revenues	**Committed**	**Uncommitted**
County of Santa Barbara HSF	10,000	
County of Santa Barbara		15,000
County of Santa Barbara CDBG		13,500
City of Santa Maria CDBG		10,000
Program Service Fees	40,000	
Private Foundations		
Private Donations		1,500
Total	**50000**	**40000**

Funding Uses/Expenses	**Budget**	
Food & Service Delivery Supplies	45,000	funding request will go 100% to food/supplies
Staff Salaries	27,000	
Rent	4,600	
Insurance	2,400	
Driver Appreciation/Mileage Reimbursement	2,000	
Office Expenses	9,000	
Total	**90000**	