



**Santa Barbara County
Aware & Prepare Initiative
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PRESS RELEASE

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DO YOU HAVE A DISASTER KIT YET?

(Santa Barbara, CA) – If disaster strikes you might not have access to food, water, or electricity for some time. By taking time now to prepare emergency water, food and disaster supplies kit, you can provide for your entire family.

Even though it is unlikely that an emergency would cut off your food supplies for two weeks, consider maintaining a supply that will last that long.

You may not need to go out and buy foods to prepare an emergency food supply. You can use the canned goods, dry mixes, and other staples on your cupboard shelves.

Having an ample supply of clean water is a top priority in an emergency. A normally active person needs to drink at least 2 quarts (a half gallon) of water each day. You will also need water for food preparation and hygiene. And don't forget to take your pets and service animals into account!

A disaster supplies kit is a collection of basic items that could be needed in the event of a disaster.

Assemble the following items to create kits for use at home, the office, at school and/or in a vehicle:

- Water—one gallon per person, per day (3 day supply for evacuation, 2 week supply for home)
- Food—nonperishable, easy to prepare items (3 day supply for evacuation, 2week supply for home)
- Flashlight
- Battery powered or hand crank radio (NOAA Weather Radio, if possible)
- Extra batteries
- First aid kit
- Medications (7 day supply) and medical items
- Multipurpose tool
- Sanitation and personal hygiene items
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cell phone with chargers
- Family and emergency contact information

- Extra cash
- Emergency blanket
- Map(s) of the area

Disaster Supplies Kit Checklist for Pets

- Food and water for at least three days for each pet, food and water bowls and a manual can opener
- Depending on the pet, litter and litter box or newspapers, paper towels, plastic trash bags, grooming items, and household bleach
- Medications and medical records stored in a waterproof container, a first aid kit and a pet first aid book
- Sturdy leashes, harnesses and carriers to transport pets safely and to ensure that your pets cannot escape.
- Pet toys and the pet's bed, if you can easily take it, to reduce stress
- Current photos and descriptions of your pets to help others identify them in case you and your pets become separated, and to prove that they are yours



[Build a Kit – Ready.Gov](#)
[American Red Cross](#)

The Aware & Prepare Initiative is a public-private partnership to enhance the capabilities of non-profit organizations and government agencies to mitigate, prepare for, respond to, and recover from emergencies and disasters within the Santa Barbara County Operational Area. The Santa Barbara County Office of Emergency Management manages the Initiative in cooperation with the local emergency management community.

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