



POLICY NO:	500
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MEDICAL RESERVE CORPS

MRC First Aid Treatment Protocol

Purpose: The purpose of the MRC First Aid Treatment protocol is to describe the scope of practice for MRC volunteers to administer First Aid at MRC sanctioned events.

Procedure/Policy: The MRC volunteer is to adhere to the following protocol anytime they are functioning as an MRC volunteer at a MRC First Aid Station or booth. At no time may a caregiver provide care or treatment outside their scope of practice.

As an MRC volunteer, the definition of First Aid and procedures included within its scope are as follows:

First Aid – Definition:

- Treatment administered usually at or near the location where the injury or illness occurred.
- Usually a one time or short-term treatment
- Simple treatment usually requiring no technology
- Usually administered to prevent the condition from worsening while the injured or ill person awaits more advanced medical treatment

First Aid Treatment (may include but not limited to the following):

- Cleaning, flushing or soaking and dressing wounds on the surface of the skin
- Using hot or cold therapy
- Using temporary immobilization devices (splints)
- Removing foreign bodies from the eye using irrigation or a cotton swab
- Administration of drinking water for heat distress
- Emergency oxygen administration (EMT level and above)

First Aid Training:

Volunteers may staff a MRC First Aid Station if they have been trained and hold certificates from the American Red Cross, American Heart Association (or other qualified provider) for First Aid, CPR, AED and Bloodborne Pathogens. A waiver may be permitted by the MRC Medical Director for training/certifications at higher levels such as Advanced Trauma Life Support or Prehospital Trauma Life Support or its equivalent. The MRC Coordinator will ensure all staff has the appropriate level of training to meet their obligations prior to deployment. Certificates and waivers shall be provided to the MRC Coordinator prior to deployment to a first aid station.

APPROVED:

Nancy A. Lapolla, EMS Director

John Elder, M.D., MRC Medical Director

TITLE: MRC FIRST AID TREATMENT PROTOCOL

Emergency Arrangements:

When a person requesting treatment arrives at a First Aid Station or in the event of an accident, the MRC member is to take charge of the first aid providing administration/emergency treatment commensurate with their training. Following assessment of the injured person, the MRC member is to administer appropriate first aid and make a balanced judgment whether there is a requirement to call 911 and activate the EMS system.

In the event of a serious illness or injury, 911 will be immediately contacted and supportive care given by onsite personnel. As soon as emergency responders arrive, the MRC is no longer in charge of the patient and must defer to the emergency responders authority and medical expertise. If they require assistance, you may take direction from them.

Highest Medical Authority:

The MRC volunteer will defer to the highest medical authority present. This applies to the MRC volunteers at the event, and any on-scene or arriving emergency medical professionals.

Treatment Algorithm:

Always follow the Treatment Requirements outlined below. Proceed through the following algorithm to determine treatment/response:

1. Obtain Verbal Consent to treat.
2. Ask the patient if they are over 18 years of age.
 - a. Yes → continue with algorithm
 - a. No, do not treat unless parent is present. Call 911 and provide supportive care until responders arrive.
3. Alert & Oriented x 4
 - b. Yes, treat
 - c. No, do not treat → Call 911 request medical support/ambulance and provide supportive care until EMS responders arrive.
4. Cooperative
 - d. Yes → treat
 - e. No, do not treat → Call 911, request Law Enforcement and provide supportive care until responders arrive.
5. Ambulatory (this does not apply to disabled and/or wheel chair-bound individuals)
 - f. Yes → Treat
 - g. No, do not treat → Call 911 request medical support/ambulance and provide supportive care until EMS responders arrive.
6. Lost & Found People → Call 911, request Law Enforcement to assist if needed.

Document all encounters as instructed using MRC first-aid patient documentation forms provided. There shall be a minimum of two (2) MRC Members in the First Aid Station at all times. If foot teams are deployed, they must have a radio with them to communicate with the First Aid Station if needed.

Please remember that you represent the Santa Barbara Medical Reserve Corps and it is important in all instances that we present a positive public image. Always use your best medical judgment.